

THIS OR THAT GRATITUDE CARDS

PRINT AND CUT OUT EACH CARD, THEN PRESENT A "THIS OR THAT" CARD WITH TWO GRATITUDE OPTIONS FOR PLAYERS TO CHOOSE FROM.



OPTION A:
A PERSON WHO MAKES YOU LAUGH.

OPTION B:
A PERSON WHO HAS SUPPORTED
YOU IN TOUGH TIMES.



OPTION A:
A PLACE THAT BRINGS YOU PEACE.

OPTION B:
A PLACE THAT EXCITES AND
ENERGISES YOU.



OPTION A:
A TALENT YOU ARE GRATEFUL FOR.

OPTION B:
A SKILL YOU'VE DEVELOPED
THROUGH HARD WORK.



OPTION A:
YOUR FAMILY.

OPTION B:
YOUR FRIENDS.



THIS OR THAT GRATITUDE CARDS



OPTION A:
THE SMALL EVERYDAY MOMENTS
YOU CHERISH.

OPTION B:
THE BIG ACHIEVEMENTS THAT
HAVE SHAPED YOU.



OPTION A:
THE BEAUTY OF NATURE.

OPTION B:
THE WARMTH AND COMFORT OF
HOME.



OPTION A:
MOMENTS OF QUIET REFLECTION.

OPTION B:
MOMENTS OF JOYFUL
CELEBRATION.



OPTION A:
SOMEONE WHO HAS TAUGHT YOU
SOMETHING IMPORTANT.

OPTION B:
SOMEONE WHO HAS SHARED THEIR
WISDOM WITH YOU.



THIS OR THAT GRATITUDE CARDS



OPTION A:
THE ABILITY TO EXPRESS YOURSELF
CREATIVELY.

OPTION B:
THE ABILITY TO CONNECT WITH
OTHERS EMOTIONALLY.



OPTION A:
A POSITIVE CHANGE YOU'VE MADE
IN YOUR LIFE.

OPTION B:
SOMETHING YOU'RE LOOKING
FORWARD TO ACHIEVING.

