

IB Curriculum Mapping

International Baccalaureate Middle Years (MYP)

The School of Play Curriculum facilitates experiences that reinforces the following learning standards:

Individuals and Societies

Criterion A: Knowing and understanding Students develop factual and conceptual knowledge about individuals and societies.	
i	Use a wide range of terminology in context
ii	Demonstrate knowledge and understanding of subject-specific content and concepts through developed descriptions, explanations and examples.
Criterion B: Investigating Students develop systematic research skills and processes associated with disciplines in the humanities and social sciences. Students develop successful strategies for investigating independently and in collaboration with others.	
i	Formulate a clear and focused research question and justify its relevance
ii	Formulate and follow an action plan to investigate a research question
iii	Use research methods to collect and record appropriate, varied and relevant information
Criterion D: Thinking critically Students use critical-thinking skills to develop and apply their understanding of individuals and societies and the process of investigation.	
i	Discuss concepts, issues, models, visual representation and theories
ii	Synthesize information to make valid, well-supported arguments
iii	Analyse and evaluate a range of sources/data in terms of origin and purpose, examining value and limitations iv. Interpret different perspectives and their implications.

Physical and Health Education

Criterion A: Knowing and understanding Students develop knowledge and understanding about health and physical activity in order to identify and solve problems.	
i	Explain physical and health education factual, procedural and conceptual knowledge
ii	Apply physical and health education knowledge to analyse issues and solve problems set in familiar and unfamiliar situations
iii	Apply physical and health terminology effectively to communicate understanding.
Criterion B: Planning for performance Students through inquiry design, analyse, evaluate and perform a plan in order to improve performance in physical and health education.	
i	Design, explain and justify plans to improve physical performance and health
li	Analyse and evaluate the effectiveness of a plan based on the outcome.
Criterion C: Applying and performing Students develop and apply practical skills, techniques, strategies and movement concepts through their participation in a variety of physical activities.	
i	Demonstrate and apply a range of skills and techniques
ii	Demonstrate and apply a range of strategies and movement concepts
iii	Analyse and apply information to perform effectively.
Criterion D: Reflecting and improving performance Students enhance their personal and social development, set goals, take responsible action and reflect on their performance and the performance of others.	
I	Explain and demonstrate strategies to enhance interpersonal skills
li	Develop goals and apply strategies to enhance performance
iii	Analyse and evaluate performance.

Concept	Relevant Descriptor
Change	Physical and Health education courses can help to foster positive personal, social, emotional, mental and physical change that can lead to more balanced healthy lives.
Communication	Communication is an essential part of all personal and social development; it helps people to understand themselves, others and the world around them.
Development	Health and Physical education is central to the development of motor skills, life skills, personal fulfilment, and empowering effective participation in healthy global communities.
Relationships	In physical and health education, the concept of relationships offers opportunities to explore the connections human beings need in order to function and interact effectively.
Connections	Opportunities in physical and health education emphasise personal opportunities and risks related to people, places, communities, climate and cultures.
Logic	Reflection in physical and health education experiences is underpinned by logic to analyse, evaluate and improve performance.

The School of Play Curriculum meets the aims of MYP physical and health education by encouraging and enabling students to:

- use inquiry to explore physical and health education concepts
- participate effectively in a variety of contexts
- understand the value of physical activity
- achieve and maintain a healthy lifestyle
- collaborate and communicate effectively
- build positive relationships and demonstrate social responsibility
- reflect on their learning experiences.