

Pass the Clap (Levels C & D)

PLAY

To build focus, cooperation, and group rhythm through a simple circle-based clapping activity.



Learning Intentions

For students to practise simple turn-taking within a group activity.

For students to improve their focus and attention by following the rhythm.

For students to participate in a group activity with their peers.



Success Criteria

Students are able to clap and pass it on to the next person in the circle.

Students can remain engaged until the clap returns to the starting point.

Students show enjoyment and cooperation with peers.



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Duration: 5 minutes

Objective

To build focus, cooperation, and group rhythm through a simple circle-based clapping activity.

Players

- Whole class or small groups.
- Works best in a circle formation.

Materials

- None

Setup

- Students sit or stand in a circle.
- The teacher models how to clap and make eye contact with the next person to pass it on.

Gameplay

1. The teacher begins with one clap, making eye contact with the student beside them.
2. That student claps once and passes it on to the next person.
3. The clap continues around the circle until it returns to the starting point.
4. Once successful, try to increase the speed or repeat multiple rounds.

Debrief

- Discuss how students worked together to keep the clap moving.
- Prompt: *"What helped us to stay focused and pass it smoothly?"*

Variations

- **Children's Edition:** Add a fun sound with each clap (e.g., animal noises).
- **Fitness Edition:** Students perform a simple movement (e.g., squat, stretch) before clapping.
- **Teamwork Edition:** Split into two circles to race their clap around.



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For Wheelchair Users / Accessibility

- Replace clapping with tapping the armrest, table, or lap.
- Encourage all students to copy the adapted action so the group remains inclusive.
- Ensure circle spacing allows all students to participate comfortably.

Notes for Inclusion

- Allow additional processing time for students to pass the clap.
- Use visual cues (e.g., pointing or nodding) alongside clapping for students who need support.
- Emphasise group success and fun over speed or accuracy.

Additional Notes

Pass the Clap is a simple, inclusive activity that builds rhythm, focus, and cooperation. It works well as a quick energiser, a warm-up, or a connection game to strengthen group dynamics.

