

New Zealand National Curriculum

| Strand A: Personal health and physical development | |
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| A4 Personal Identity | Describe how social messages and stereotypes, including those in the media, can affect feelings of self worth. |
| Strand C: Relationships with other people | |
| C1 Relationships | Identify the effects of changing situations, roles, and responsibilities on relationships and describe appropriate responses. |
| C2 Interpersonal skills | Describe and demonstrate a range of assertive communication skills and processes that enable them to interact appropriately with other people. |
| Strand D: Healthy communities and environments | |
| D2 Community resources | Investigate and/or access a range of community resources that support well-being and evaluate the contribution made by each to the well-being of the community. |
| D3 Rights, responsibilities, and laws. D4 People and the environment. | Specify individual responsibilities and take collective action for the care and safety of other people in their school and in the wider community. |

