

# Moving & Shaking (Levels C & D)

# PLAY

A fun memory and connection game designed to help students interact positively with their peers through simple handshake (or greeting) sequences.



## Learning Intentions

### Enhance Memory and Creativity:

Students practise remembering simple, playful movements while creating unique greetings with partners.

### Build Positive Relationships:

Students strengthen connections with classmates through fun, interactive partner activities.

### Encourage Engagement and Fun:

Students enjoy a light-hearted game that promotes teamwork, laughter, and inclusion.



## Success Criteria

### Creation of Simple Handshakes:

Students participate in creating easy two-step greetings with their partners.

### Recall of Movements:

Students can remember and perform their greetings when prompted.

### Positive Participation:

Students stay engaged, interact with peers, and enjoy the playful activity together.



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**Duration:** 5–8 minutes

## Objective

A fun memory and connection game designed to help students interact positively with their peers through simple handshake (or greeting) sequences.

## Players

- Suitable for any group size

## Materials

- None

## Setup

- Explain to students that they will create fun greetings with different partners.
- Emphasise that greetings should be simple and safe so everyone can join in.

## Gameplay

1. **Partner One** – Students find a partner and create a two-step greeting (e.g., clap hands + thumbs up, high five + wave).
2. **Partner Two** – Students find a new partner. First, they teach each other and repeat their original handshake with their new partner, then create a new two-step greeting with their second partner (this will give each student two partners, and two different handshakes).
3. **Recall Practice** – Teacher calls out “Partner One” or “Partner Two,” and students quickly find that partner and perform the correct greeting with them.
4. **Partner Three (Optional)** – Students create another two-step greeting with a third partner. Now they must remember three different greetings.
5. **Group Challenge** – Teacher calls out “Partner One,” “Two,” or “Three,” and students must remember and perform that greeting with the right partner.

## Debrief

- Celebrate students' efforts to remember and share fun greetings.
- Highlight how the activity helped them laugh, connect, and playfully practise memory.

## Variations

- **Children's Edition:** Use animal-inspired greetings (flap like a bird + hop like a kangaroo).
- **Fitness Edition:** Add a simple movement between greetings (Star jumps, shoulder rolls).
- **Teamwork Edition:** Students play in pairs, mirroring each other's movements simultaneously.



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## For Wheelchair Users / Accessibility

- Replace handshakes with inclusive greetings such as:
  - High five → wave
  - Clap hands → clap self or tap lap
  - Spin handshake → gentle head nod or thumbs up.
- Encourage all students to copy adapted greetings so everyone can fully participate.
- Ensure partners meet at eye level where possible for comfort and inclusion.

## Notes for Inclusion

- Allow both verbal and non-verbal greetings (gestures, pointing, waving).
- Provide extra time or teacher modelling for students who need support.
- Pair students thoughtfully to ensure everyone feels safe and included.
- Emphasise fun, encouragement, and participation over accuracy or memory.



# GREETING CARDS

PRINT AND CUT OUT THE CARDS. STUDENTS PICK A CARD, COPY THE GREETING WITH A PARTNER, AND THEN TRY SIMPLE TWO-CARD COMBOS. ADULTS SUPPORT MOVEMENT, GESTURES, OR AAC. KEEP IT PLAYFUL AND CELEBRATORY.



# GREETING CARDS

