

# Mission Complete Medals - Levels F-3

# GRATITUDE

To honour and celebrate the kindness, teamwork, and growth shared during the nine-week Playful Astronauts journey by creating and exchanging homemade medals with peers, each containing a kind word, compliment, or expression of gratitude.



## Learning Intentions

**Students will learn** to celebrate their friends by giving kind and thoughtful words. This promotes kindness and positive relationships.

**Students will practise** making a special medal to show gratitude and appreciation. This supports creativity and generosity.

**Students will learn** to reflect on how they and their classmates helped each other during their journey. This builds social awareness and class unity.



## Success Criteria

I can create a paper medal and write or draw something kind on it. This demonstrates appreciation and artistic expression.

I can give my medal to a peer with kind and respectful words. This builds confidence and gratitude.

I can explain why I chose to give my medal to that person. This promotes reflective thinking and emotional expression.



# Mission Complete Medals – Levels F-3

# GRATITUDE

## Objective:

To honour and celebrate the kindness, teamwork, and growth shared during the nine-week Playful Astronauts journey by creating and exchanging homemade medals with peers, each containing a kind word, compliment, or expression of gratitude.

## Players:

Whole class or in small groups

## Materials:

- Circles of card or paper (pre-cut or traced from cups)
- Ribbon or string (optional)
- Coloured pencils
- Stickers, glitter, or decorations

## Time Required:

15–20 minutes

## Setup:

Introduce the activity by explaining that astronauts always celebrate the end of a big space mission. Today, students will give each other *Mission Complete Medals* to celebrate the kindness, courage, and support they've shown during their journey.

## Activity Steps:

### Step 1 – Create the Medal:

- Each student designs one medal (or more if time allows) using circles of paper or card.
- In the centre, they write or draw something kind about a peer, this could be:
  - “You always helped me.”
  - “You are brave.”
  - “I liked playing with you.”
  - A smiling sun or heart
- Let students decorate the medal with bright colours, stars, or stickers.

### Step 2 – Exchange and Celebrate:

- Students take turns presenting their medals to a classmate.
- Encourage them to say, “I made this for you because...” and finish the sentence aloud.



# Mission Complete Medals – Levels F-3

# GRATITUDE

## Step 3 – Display or Take Home:

- You can hang the medals in a “Mission Wall of Fame” or let students take them home to show their families.

## Winning the Game:

Every student wins by recognising the good in others and by being seen, appreciated, and celebrated in return.

## Variations:

### Galaxy of Gratitude:

Instead of giving medals to one person, students make several mini medals and write a short message for multiple classmates. Display all medals together as a “Galaxy of Gratitude” wall.

### Compliment Chain:

Each student passes a medal to the next person in the circle and gives one kind sentence aloud before handing it over. Continue until everyone has received a compliment.

### Astronaut Ceremony:

Turn the exchange into a special end-of-journey ceremony.

Play music, call students up one at a time, and award them their medals while classmates applaud.

### Home Connection:

Send each student home with an extra blank medal template to give to a family member or carer who supported them during the term.

### Team Medals:

For larger groups, have each table or “crew” design a shared medal representing what they achieved together.

## For Wheelchair Users / Accessibility:

- Ensure workspaces are easily reachable with materials at accessible height.
- Provide pre-cut circles or adhesive medal templates to reduce cutting needs.
- Allow for textured decorations such as foam stars, felt stickers, or raised glitter glue for sensory inclusion.
- Encourage alternative giving methods, medals can be passed, delivered, or placed in a peer’s mailbox or tray.
- For students with limited fine motor skills, invite a peer helper or adult to assist while the student directs the creative vision.



# Mission Complete Medals – Levels F-3

# GRATITUDE

## Notes for Inclusion:

- Emphasise that every medal is unique, there's no "best" design.
- Offer options for students who find verbal sharing challenging: they can give their medal quietly or have an adult or peer read the message.
- Reinforce that giving and receiving kindness is equally important:
- "Every astronaut's medal matters, just like every star in our galaxy."
- For multilingual learners, allow simple drawings, emojis, or symbols instead of words to express appreciation.
- Encourage mutual respect and inclusivity in the giving process: no one is left out, and all medals are shared with care.

## Additional Notes:

*Mission Complete Medals* closes the curriculum on a high note, connecting kindness, creativity, and reflection. It reinforces the idea that every student is valued, that gratitude is worth sharing, and that even small acts of kindness can shine like stars in someone's universe.

