

CURRICULUM MAPPING

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UNIT OUTLINE

20 WEEKS OF ACTIVITIES



WEEKS	PLAY	WRITTEN	EXERCISE & MOVEMENT	GRATITUDE & GIVING
1	STOP - WALK - NAME - CLAP	LOOKING BACK, LOOKING FORWARD	CHAIR TENNIS	ROLL EMOJI BINGO
2	DICE 0-100	GRATITUDE WALL	MATCHY MATCHY DICE	NAUGHTS & CROSSES & SHARE
3	ONE TWO THREE	WEEKLY CELEBRATION	DICE SPINNER	WELLBEING SKITTLES
4	HEAD SHOULDERS KNEES TOE ADD UP	THE HAPPINESS BOOMERANG (PAL)	SPACE INVADERS	GRATITUDE PICTONARY
5	THREE IS A CROWD	FOUR QUADRANT FUN	DICE COMBOS	DICE ELIMINATOR PARTNER CHALLENGE
6	SET GO	THE HAPPINESS ALPHABET	GET 7 BOUNCES	GRATITUDE GOLF
7	HAPPY FACE MEAN FACE	MY FAMILY GRATITUDE CARDS	HEAD SHOULDERS KNEE CONE	THREE ACTS OF KINDNESS FOR THE WIN
8	21 REASONS TO SMILE	GET DETECTING	DICE CRICKET	TIC TAC TOE 10
9	LEGS II	SUPER BUDDIES	AREA DICE CHALLENGE	SHARED GOALS RELAY
10	FAST & FUN FAMOUS FACES	PEGG REFLECTION	CARD MEMORY LANE	PADDOCKS GRATITUDE
11	JUMP SPIN SHOT	THE ULTIMATE LIFE SKILLS	TEN OF A KIND	PAPER OR TOOTHPASTE CHALLENGE
12	PSR SPLIT	GET POSITIVE	DICE CAR RACING	LAST ONE STANDING DICE
13	GRATITUDE COUNTING	GET STICKING	GETTING DICEY WITH IT	MASTER CHEF GROUP GRATITUDE
14	DRAWING ANIMALS ON YOUR HEAD	RESPECTFUL COLLABORATION CHALLENGE	FIBBERS DICE	POSITIVE REFLECTION BATTLESHIPS
15	LEFT RIGHT UP OR DOWN	MY SUPERPOWERS	FOUR CORNERS DICE	DICE CONNECTION STARTER
16	BUZZ THREE OR MORE	EVENING GRATITUDE GAME	DECK OF CARDS RACING	MR SQUIGGLE GRATITUDE
17	YAY NAY LET'S STAY	GET EXCITED	SPRING CARNIVAL RACING	GRATITUDE CHARADES
18	EVOLUTION (PSR)	THE COMPLIMENT GAME	RUNNING DICE	EMPATHY WALK
19	MOVING & SHAKING	GET FANATICAL	FULL DECK FLIP	GRATITUDE MONOPOLY
20	CLAPPING 1, 2, 3	PEGG REFLECTION	BUILD EM UP CARDS	VULNERABILITY WALL OF FAILURES

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LESSON #	WEEK ONE	WEEK TWO	WEEK THREE
LEARNING INTENTION	<ul style="list-style-type: none">1. Understanding and Following Complex Instructions: Develop cognitive flexibility through multi-step instructions in a dynamic group setting.2. Reflecting on Personal Achievements and Goal Setting: Foster self-awareness and growth by reflecting on past accomplishments and setting future goals.3. Developing Physical Coordination and Reflexes: Enhance hand-eye coordination, reflexes, and physical fitness through interactive games.4. Enhancing Emotional Awareness and Empathy: Cultivate emotional intelligence by identifying and reflecting on emotions and experiences, promoting open communication and empathy.	<ul style="list-style-type: none">1. Developing Quick Reflexes and Strategic Thinking: Students will enhance their reflexes and decision-making abilities through fast-paced dice games, balancing speed with thoughtful strategy.2. Cultivating a Practice of Gratitude and Positive Reflection: Students will practise identifying and expressing gratitude, fostering a positive mindset and emotional well-being.3. Promoting Physical Fitness and Healthy Competition: Students will engage in physically active games that encourage friendly competition, teamwork, and fair play.4. Encouraging Personal Reflection and Communication: Students will reflect on personal experiences and share insights with their peers, enhancing their communication skills and fostering deeper connections.	<ul style="list-style-type: none">1. Promoting Physical Fitness and Coordination: Students will improve their fitness through engaging bodyweight exercises, enhancing their physical coordination, focus, and reaction times.2. Cultivating Gratitude and Reflective Practices: Students will develop a habit of reflecting on positive experiences, acts of kindness, and personal growth, fostering a mindset of gratitude and mindfulness.3. Encouraging Social Interaction and Teamwork: Students will strengthen their social connections and teamwork skills by participating in collaborative activities that emphasise communication, support, and shared experiences.4. Understanding and Practising Kindness: Students will explore the importance of kindness through sharing personal stories and reflecting on how small acts of consideration can positively impact their community.
SUCCESS CRITERIA	<ul style="list-style-type: none">1. Accurately Responding to Commands: Students can follow and adapt to changing instructions in the "Walk, Stop, Name, Clap, Jump, Dance" activity, demonstrating attentiveness and quick thinking.2. Thoughtful Reflection and Goal Setting: Students can complete reflective questions, articulate past achievements, and set realistic goals, sharing their insights with peers.3. Active and Controlled Physical Participation: Students engage in Chair Tennis, demonstrating precise ball control, good sportsmanship, and adaptability to different game variations.4. Effective Communication and Emotional Reflection: Students participate in Roll Emoji Bingo, accurately identifying emotions and engaging in meaningful conversations with their partner, completing the bingo grid.	<ul style="list-style-type: none">1. Quick and Strategic Gameplay: Students demonstrate quick reflexes and strategic thinking during dice games, balancing the need to act swiftly with thoughtful decision-making.2. Thoughtful Gratitude Expression: Students consistently participate in gratitude activities, offering meaningful and reflective contributions to the Gratitude Wall.3. Active Participation and Fair Play: Students actively engage in physical activities, showing enthusiasm, respect for rules, and good sportsmanship throughout the games.4. Effective Communication and Reflection: Students effectively communicate their reflections and listen to their peers, contributing to positive and supportive interactions during reflective activities.	<ul style="list-style-type: none">1. Active Participation in Fitness Activities: Students actively engage in the physical components of the lesson, performing exercises with enthusiasm and maintaining focus on coordination and teamwork.2. Thoughtful Reflection and Gratitude Expression: Students consistently participate in gratitude and reflection activities, providing meaningful and personal responses that demonstrate their understanding of the importance of positive thinking.3. Effective Communication and Social Engagement: Students engage positively with their peers, contributing to group discussions and activities with respect, encouragement, and a willingness to share.4. Commitment to Kindness: Students demonstrate their understanding of kindness by sharing personal experiences and committing to perform acts of kindness in their daily lives.
ACTIVITIES	Activity 1: Walk, Stop, Name, Clap, Jump, Dance Activity 2: Looking Back, Looking Forward Activity 3: Chair Tennis Activity 4: Roll Emoji Bingo	Activity 1: Dice 0 - 100 Activity 2: Gratitude Wall Activity 3: Matchy Matchy Dice Activity 4: Naughts and Crosses Reflect & Share	Activity 1: One Two Three Activity 2: Weekly Celebration Activity 3: Dice Spinner Activity 4: Well-being Skittles
VIC CURRICULUM	<u>Week one curriculum mapping here</u>	<u>Week two curriculum mapping here</u>	<u>Week three curriculum mapping here</u>

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LESSON #	WEEK FOUR	WEEK FIVE	WEEK SIX
LEARNING INTENTION	<p>1. Promoting Social Interaction and Connection: Students will enhance their social skills and build connections through collaborative games and shared experiences.</p> <p>2. Encouraging Creative and Emotional Expression: Students will develop their ability to express emotions and gratitude creatively, fostering empathy and understanding within the group.</p> <p>3. Enhancing Physical Fitness and Coordination: Students will engage in physical activities that improve their coordination, focus, and overall fitness while enjoying the playful nature of the games.</p> <p>4. Fostering a Positive and Energetic Group Atmosphere: Students will contribute to a lively and supportive group dynamic, encouraging laughter, teamwork, and mutual enjoyment.</p>	<p>1. Enhancing Teamwork and Collaboration: Students will improve their ability to work together, communicate effectively, and support each other in achieving common goals through cooperative games and challenges.</p> <p>2. Developing Strategic Thinking and Problem-Solving Skills: Students will engage in activities that require quick thinking, strategy, and problem-solving, allowing them to refine their cognitive abilities in a fun and interactive environment.</p> <p>3. Promoting Physical Fitness and Coordination: Students will participate in physical challenges that enhance their fitness, coordination, and endurance, contributing to their overall physical well-being.</p> <p>4. Fostering Creative Expression and Group Understanding: Students will express their thoughts and ideas creatively through drawing and discussion, fostering deeper group understanding and connection.</p>	<p>1. Enhancing Quick Thinking and Mental Agility: Students will improve their ability to think and react quickly, enhancing their mental agility and cognitive flexibility.</p> <p>2. Promoting Physical Activity and Coordination: Students will engage in activities that promote physical movement, improving coordination, motor skills, and overall physical fitness.</p> <p>3. Fostering Gratitude and Positive Reflection: Students will practise expressing gratitude and reflecting on positive experiences, contributing to their emotional well-being and fostering a positive atmosphere.</p> <p>4. Strengthening Social Interaction and Teamwork: Students will work together in pairs or groups, building social connections, encouraging teamwork, and promoting positive interactions.</p>
SUCCESS CRITERIA	<p>1. Active and Engaged Participation: Students actively participate in all activities, demonstrating enthusiasm and effort while engaging with their peers.</p> <p>2. Creative and Thoughtful Expression: Students create meaningful drawings and messages, effectively communicating their emotions and gratitude in a creative and heartfelt manner.</p> <p>3. Effective Team Communication and Collaboration: Students collaborate effectively with their teammates, making informed decisions and supporting each other in achieving shared goals.</p> <p>4. Contribution to a Positive Group Dynamic: Students help to create a positive and energetic atmosphere by encouraging others, participating fully, and contributing to the overall enjoyment of the group.</p>	<p>1. Effective Team Communication and Collaboration: Students demonstrate strong communication and teamwork, effectively working together to complete challenges and achieve shared objectives.</p> <p>2. Accurate Application of Rules and Strategies: Students accurately follow game rules and apply strategic thinking to maximise their performance in the activities, showing a clear understanding of the tasks.</p> <p>3. Active Participation in Physical and Creative Activities: Students actively engage in both the physical and creative components of the lesson, participating fully and contributing to the group's success and enjoyment.</p> <p>4. Contribution to a Positive Group Dynamic: Students help maintain a supportive and energetic atmosphere, encouraging others and participating fully in all activities, contributing to a positive and collaborative environment.</p>	<p>1. Accurate and Quick Calculation: Students consistently and accurately perform tasks requiring quick thinking and mental agility, demonstrating improved reflexes and cognitive skills.</p> <p>2. Active Participation in Physical Activities: Students actively engage in physical exercises and games, showing enthusiasm, effort, and improved coordination throughout the lesson.</p> <p>3. Meaningful Engagement in Gratitude Reflection: Students thoughtfully engage in reflection activities, expressing sincere gratitude and participating in discussions that enhance group connection.</p> <p>4. Positive Interaction and Teamwork: Students interact positively with their peers, encouraging each other and contributing to a supportive and collaborative learning environment.</p>
ACTIVITIES	<p>Activity 1: Head Shoulder Knee Toe Add Up Activity 2: The Happiness Boomerang Activity 3: Space Invaders Dice Battle Activity 4: Gratitude Pictionary</p>	<p>Activity 1: Three is a Crowd Activity 2: Four Quadrant Fun Activity 3: Dice Combos Activity 4: Dice Eliminator Partner Challenge</p>	<p>Activity 1: Set Go Activity 2: The Happiness Alphabet Activity 3: Get Seven Bounces Activity 4: Gratitude Golf</p>
VIC CURRICULUM	<p>Week four curriculum mapping here</p>	<p>Week five curriculum mapping here</p>	<p>Week six curriculum mapping here</p>

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LESSON #	WEEK SEVEN	WEEK EIGHT	WEEK NINE
LEARNING INTENTION	<p>1. Enhancing Quick Thinking and Coordination: Students will develop their reflexes, coordination, and decision-making skills by synchronising actions and facial expressions with their partner and responding quickly to instructions.</p> <p>2. Promoting Physical Activity and Energy: Students will engage in various physical exercises, boosting their energy levels and improving overall physical fitness through fun and interactive activities.</p> <p>3. Fostering Empathy, Kindness, and Positive Social Interaction: Students will cultivate empathy by performing acts of kindness, interacting positively with their peers, and reflecting on the impact of their actions on others and themselves.</p>	<p>1. Enhancing Strategic Thinking: Students will develop strategic thinking skills by planning their actions carefully in various games, encouraging them to consider their moves and make thoughtful decisions.</p> <p>2. Promoting Physical Activity and Fitness: Students will engage in physical exercises, improving their strength, endurance, and overall fitness while enjoying interactive and fun activities.</p> <p>3. Fostering Gratitude and Positive Reflection: Students will reflect on positive aspects of their lives, practising gratitude and self-awareness through structured reflection activities that promote mindfulness and a positive outlook.</p>	<p>1. Promoting Teamwork and Non-Verbal Communication: Students will enhance their ability to collaborate and communicate non-verbally, understanding the importance of teamwork in achieving common goals.</p> <p>2. Encouraging Strategic Thinking and Spontaneity: Students will develop quick thinking and spontaneity, learning to make fast decisions in a fun and supportive environment.</p> <p>3. Fostering Gratitude and Positive Reflection: Students will reflect on the important people in their lives, express gratitude, and recognise the strengths of others, fostering a positive mindset and deeper connections.</p>
SUCCESS CRITERIA	<p>1. Accurate and Synchronised Actions: Students accurately perform required actions and facial expressions in sync with their partner, demonstrating good coordination and quick thinking.</p> <p>2. Active Participation in Physical Challenges: Students actively engage in the physical aspects of the activities, showing enthusiasm and effort in exercises such as jumping, burpees, and quick movements.</p> <p>3. Consistent and Thoughtful Acts of Kindness: Students consistently perform meaningful acts of kindness each week, demonstrating an understanding of the importance of empathy and self-care.</p> <p>4. Positive Interaction and Engagement with Peers: Students interact positively with their peers, contributing to a fun and supportive atmosphere throughout the lesson.</p>	<p>1. Effective Strategic Play: Students apply strategies during games, making calculated decisions to avoid penalties or maximise their scores, demonstrating their understanding of the game's strategic elements.</p> <p>2. Active Participation and Physical Engagement: Students actively participate in physical exercises, showing enthusiasm and effort in performing activities such as squats, burpees, and other fitness challenges.</p> <p>3. Meaningful Engagement in Reflection: Students thoughtfully engage in reflection activities, providing sincere and meaningful responses that demonstrate their understanding of the importance of gratitude and self-reflection.</p>	<p>1. Effective Collaboration: Students work together effectively, whether through non-verbal communication in games or setting shared goals in group activities.</p> <p>2. Active Participation and Physical Engagement: Students actively participate in physical exercises and strategic games, showing enthusiasm and effort in all activities.</p> <p>3. Meaningful Reflection and Gratitude: Students thoughtfully engage in gratitude activities, providing sincere and meaningful reflections on the positive influences in their lives.</p>
ACTIVITIES	<p>Activity 1: Happy Face Mean Face Activity 2: My Family Gratitude Card Activity 3: Head Shoulders Knee Cone Activity 4: Three Acts of Kindness for the Win</p>	<p>Activity 1: 21 Reasons to Smile Activity 2: Get Detecting Activity 3: Dice Cricket Activity 4: Tic Tac Toe Ten</p>	<p>Activity 1: Legs 11 Activity 2: Super Buddies Activity 3: Area Dice Challenge Activity 4: Shared Goals Relay</p>
VIC CURRICULUM	<p>Week seven curriculum mapping here</p>	<p>Week eight curriculum mapping here</p>	<p>Week nine curriculum mapping here</p>

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LESSON #	WEEK TEN	WEEK ELEVEN	WEEK TWELVE
LEARNING INTENTION	<ul style="list-style-type: none">1. Enhancing Communication and Descriptive Skills: Students will improve their ability to describe and communicate ideas effectively through verbal and nonverbal cues.2. Fostering Teamwork and Collaboration: Students will develop teamwork skills by working closely with their partners, enhancing collaboration and mutual support.3. Promoting Gratitude and Reflective Thinking: Students will engage in reflective activities, fostering a mindset of appreciation, mindfulness, and positive social interaction.	<ul style="list-style-type: none">1. Enhance Mental Agility and Maths Skills: Develop students' ability to quickly calculate mathematical problems during physical activities, promoting mental agility.2. Promote Physical Activity and Coordination: Engage students in fun, physical movements like jumping, spinning, and running to build fitness and coordination.3. Foster Life Skills and Reflection: Encourage students to reflect on real-life scenarios, helping them develop critical life skills such as empathy, confidence, and conflict resolution.4. Encourage Teamwork and Friendly Competition: Students will practise good sportsmanship, cooperation, and teamwork while participating in fast-paced, competitive activities.	<ul style="list-style-type: none">1. Develop Balance and Physical Coordination: Improve students' balance and physical coordination through dynamic and strategic movement-based games.2. Enhance Strategic Thinking: Foster strategic decision-making as students anticipate opponents' moves and make calculated choices in various games.3. Foster Healthy Competition and Sportsmanship: Encourage students to engage in friendly competition while maintaining good sportsmanship and supporting and respecting their peers.4. Cultivate a Positive Mindset and Reflection: Guide students to reflect on their experiences, both positive and negative, and to set positive intentions for the future, promoting emotional growth and well-being.
SUCCESS CRITERIA	<ul style="list-style-type: none">1. Effective Communication and Description: Students successfully describe and identify famous personalities using appropriate language and nonverbal actions, demonstrating clear communication.2. Active Participation and Team Collaboration: Students actively participate in each game, working collaboratively with their partners and showing strong teamwork and support.3. Meaningful Gratitude Responses: Students provide thoughtful and sincere responses to gratitude prompts, reflecting on positive aspects of their lives.	<ul style="list-style-type: none">1. Accurate Maths Calculation: Students quickly and accurately solve maths problems during gameplay, demonstrating sharp mental agility.2. Active Participation in Physical Activity: Students actively participate in all movement-based activities, contributing to a lively and energetic class environment.3. Positive Engagement and Life Skills Reflection: Students participate in discussions, reflect on their experiences, and demonstrate an understanding of life skills through thoughtful responses.4. Teamwork and Collaboration: Students work effectively in pairs and groups, showing good communication, support, and sportsmanship.	<ul style="list-style-type: none">1. Effective Balance and Coordination: Students demonstrate strong balance and coordination during physical activities, maintaining stability while engaging in competitive games.2. Strategic Use of Movement and Decisions: Students use strategic thinking effectively, making calculated decisions that help them succeed in the games.3. Positive Engagement and Sportsmanship: Students participate enthusiastically, showing good sportsmanship by encouraging peers, respecting outcomes, and celebrating successes.4. Thoughtful Reflection and Positive Mindset: Students reflect on their experiences with insight, identifying positive learning opportunities from challenges and setting optimistic goals for the future.
ACTIVITIES	<ul style="list-style-type: none">Activity 1: Fast and Fun Famous FacesActivity 2: PEGG ReflectionActivity 3: Card Memory LaneActivity 4: Paddocks Gratitude	<ul style="list-style-type: none">Activity 1: Jump Spin ShotActivity 2: The Ultimate Life Skills GameActivity 3: Ten of a KindActivity 4: The Toothpaste or Paper Scrunch Challenge	<ul style="list-style-type: none">Activity 1: Paper Scissor Rock SplitActivity 2: Get PositiveActivity 3: Dice Car RacingActivity 4: Last One Standing Dice
VIC CURRICULUM	Week ten curriculum mapping here	Week eleven curriculum mapping here	Week twelve curriculum mapping here

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LESSON #	WEEK THIRTEEN	WEEK FOURTEEN	WEEK FIFTEEN
LEARNING INTENTION	<p>1. Promote Gratitude and Reflection: Students will practise gratitude and reflect on meaningful aspects of their lives, such as people, skills, and experiences while sharing their thoughts with others.</p> <p>2. Enhance Concentration and Physical Fitness: Students will improve their focus by engaging in physical activities, such as squats and counting while maintaining mental engagement.</p> <p>3. Foster Social Interaction and Communication: By working in pairs or groups, students will strengthen their communication skills and build social connections through shared experiences.</p> <p>4. Encourage Kindness and Emotional Well-being: Students will reflect on and express gratitude, engage in acts of kindness, and participate in physical challenges, promoting overall emotional and physical well-being.</p>	<p>1. Encourage Creativity in a Fun Context: Students will engage in creative and light-hearted activities, allowing for playful self-expression and fostering a relaxed and enjoyable atmosphere.</p> <p>2. Promote Group Interaction and Laughter: Students will strengthen group dynamics by participating in humorous and interactive icebreakers, encouraging laughter and positive connections.</p> <p>3. Develop Communication and Observation Skills: Students will enhance their communication skills by describing and guessing drawings, sharing reflections, and working together in strategic games.</p> <p>4. Foster Strategic Thinking and Teamwork: Students will practise strategic decision-making and teamwork through games that combine mental agility with physical challenges, promoting collaboration and cooperation.</p>	<p>1. Enhance Physical Fitness and Coordination: Students will engage in quick, high-energy movements that challenge their physical coordination and agility.</p> <p>2. Promote Self-Reflection and Personal Awareness: Students will reflect on their unique strengths and values, fostering self-awareness and confidence.</p> <p>3. Encourage Collaboration and Communication: Students will practice teamwork and communication by supporting each other during the activities.</p> <p>4. Foster Creativity and Expression: Students will creatively express themselves by designing characters and using imaginative ways to reflect on their personal experiences.</p>
SUCCESS CRITERIA	<p>1. Active Participation in Gratitude Reflection: Students will identify and share meaningful responses to gratitude-themed prompts, demonstrating reflection on positive aspects of their lives.</p> <p>2. Engagement in Physical Activity: Students will remain focused and engaged during physical activities like squatting and fitness challenges, showing commitment to both physical and mental tasks.</p> <p>3. Positive Interaction and Communication: Students will interact positively with peers, showing sportsmanship and kindness in all activities and discussions.</p> <p>4. Creation of Thoughtful Messages and Kindness Acts: Students will demonstrate empathy and kindness by writing and distributing thoughtful messages to people who have positively impacted their lives.</p>	<p>1. Active Participation in Creative and Strategic Activities: Students will actively draw, guess, strategies, and reflect, show enthusiasm, and contribute to a positive group atmosphere.</p> <p>2. Effective Communication and Observation: Students will communicate effectively by describing their drawings, sharing reflections, and collaborating with peers during group activities.</p> <p>3. Positive Interaction and Teamwork: Students will interact positively with their peers, showing good sportsmanship, encouraging each other, and working together to achieve common goals.</p> <p>4. Engagement in Physical and Mental Challenges: Students will participate in physical activities and strategic games, showing commitment to both the physical and mental aspects of the lesson.</p>	<p>1. Active Participation in Physical and Creative Activities: Students engage fully in each activity, demonstrating enthusiasm and effort.</p> <p>2. Effective Collaboration and Positive Interaction: Students work well with their peers, supporting each other and encouraging positive social interaction.</p> <p>3. Creative Expression and Reflection: Students creatively express their thoughts and reflections through drawing, storytelling, or other forms of expression.</p> <p>4. Good Sportsmanship and Encouragement: Students demonstrate positive attitudes, encouraging one another regardless of the outcome.</p>
ACTIVITIES	<p>Activity 1: Gratitude Counting Activity 2: Get Sticking Activity 3: Getting Dicey With It Activity 4: Master Chef Group Gratitude</p>	<p>Activity 1: Drawing Animals On Your Head Activity 2: Respectful Collaboration Challenge Activity 3: Fibbers Dice Activity 4: Positive Reflection Battleships</p>	<p>Activity 1: Left Right Up Down Activity 2: My Superpowers Activity 3: Four Corners Dice Activity 4: Dice Connection Starter</p>
VIC CURRICULUM	<p><u>Week thirteen curriculum mapping here</u></p>	<p><u>Week fourteen curriculum mapping here</u></p>	<p><u>Week fifteen curriculum mapping here</u></p>

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LESSON #	WEEK SIXTEEN	WEEK SEVENTEEN	WEEK EIGHTEEN
LEARNING INTENTION	<p>1. Develop Teamwork and Collaboration: Students will work together to complete the tasks, enhancing their communication and teamwork skills.</p> <p>2. Promote Creativity and Positive Reflection: Through imaginative activities and gratitude exercises, students will explore creative ways to express their thoughts and appreciate the positive aspects of their lives.</p> <p>3. Enhance Concentration and Quick Thinking: Students will practice mental agility by engaging in activities that require focus, strategic thinking, and quick responses.</p> <p>4. Foster Physical Activity and Engagement: Physical fitness will be promoted through fun and active games, motivating students to stay energised and engaged.</p>	<p>1. Improve Coordination and Focus: Students will follow quick commands and movements that challenge their focus and physical coordination.</p> <p>2. Encourage Reflection and Future Planning: Students will reflect on upcoming events and goals, promoting a forward-thinking, positive mindset.</p> <p>3. Foster Teamwork and Connection: Students will work together, supporting one another during team activities and encouraging collaboration and communication.</p> <p>4. Enhance Creativity and Express Gratitude: Students will creatively express gratitude through games that encourage reflection and non-verbal communication.</p>	<p>1. Promote Social Interaction and Engagement: Students will interact with peers through games, building stronger connections and fostering a positive environment.</p> <p>2. Encourage Creativity and Positive Reflection: Students will express themselves creatively through playful games, as well as reflect on the importance of kindness, empathy, and self-awareness.</p> <p>3. Enhance Physical Fitness and Endurance: Students will engage in a variety of physical exercises that challenge their endurance and fitness in a fun, team-based setting.</p> <p>4. Foster Empathy and Emotional Understanding: Students will practice empathy by discussing scenarios that encourage emotional sharing and reflective thinking.</p>
SUCCESS CRITERIA	<p>1. Active Participation in Activities: Students actively engage in all activities, contributing positively to the group's dynamics and showing enthusiasm.</p> <p>2. Effective Communication and Teamwork: Students demonstrate teamwork by supporting their peers and communicating effectively throughout the games.</p> <p>3. Creative Expression and Reflection: Students show imaginative thinking in their creative tasks and reflect meaningfully on their gratitude exercises.</p> <p>4. Positive Attitude and Sportsmanship: Students maintain a positive and supportive attitude during group activities, encouraging their teammates and enjoying the process.</p>	<p>1. Active Participation in Movement and Reflection: Students will actively engage in physical and creative activities, demonstrating enthusiasm and effort.</p> <p>2. Effective Communication and Teamwork: Students will collaborate with their peers, support each other, and demonstrate teamwork during group activities.</p> <p>3. Positive Reflection and Expression: Students will reflect on their personal goals and express gratitude through creative means, contributing to a positive and reflective environment.</p> <p>4. Good Sportsmanship and Encouragement: Students will display a positive attitude, encouraging their peers and enjoying the activities regardless of the outcome.</p>	<p>1. Active Participation in Games and Discussions: Students engage actively in both physical and reflective activities, showing enthusiasm and effort.</p> <p>2. Creative Expression and Empathy: Students express creativity through games and demonstrate understanding and compassion during the empathy discussions.</p> <p>3. Effective Team Collaboration: Students work well with their peers, encouraging and supporting each other through each challenge, promoting teamwork and positive interactions.</p> <p>4. Positive Attitude and Sportsmanship: Students maintain a positive attitude throughout the activities, regardless of the game's outcome, and show respect for one another's feelings and efforts.</p>
ACTIVITIES	<p>Activity 1: Buzz Three or More Activity 2: Evening Gratitude Game Activity 3: Deck of Cards Racing Activity 4: Mr. Squiggle Gratitude</p>	<p>Activity 1: Yay, Nay, Let's Stay Activity 2: Get Excited Activity 3: Spring Carnival Racing Activity 4: Gratitude Charades</p>	<p>Activity 1: Evolution Activity 2: The Compliment Game Activity 3: Running Dice Activity 4: Empathy Walk</p>
VIC CURRICULUM	<p>Week sixteen curriculum mapping here</p>	<p>Week seventeen curriculum mapping here</p>	<p>Week eighteen curriculum mapping here</p>

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LESSON #	WEEK NINETEEN	WEEK TWENTY
LEARNING INTENTION	<p>1. Enhance Creativity and Memory: Students will practice creativity through the creation of unique handshakes and develop their memory skills by recalling multiple sequences.</p> <p>2. Encourage Self-Reflection and Self-Appreciation: Students will reflect on their personal strengths and accomplishments, fostering a positive self-image through gratitude and self-praise.</p> <p>3. Promote Physical Fitness and Endurance: Students will engage in various fitness exercises, building their endurance and physical strength while participating in a fun, fast-paced activity.</p> <p>4. Foster Gratitude and Teamwork: Students will practice gratitude and teamwork through interactive activities that encourage collaboration, positive thinking, and reflection.</p>	<p>1. Enhance Group Coordination and Focus: Students will improve their ability to work together while maintaining rhythm and timing, enhancing group cooperation and engagement.</p> <p>2. Reflect on Personal Growth and Resilience: Students will reflect on their personal experiences and the challenges they've overcome, fostering self-awareness and a growth mindset.</p> <p>3. Promote Physical Fitness and Teamwork: Students will engage in physical activities that promote fitness, endurance, and teamwork, encouraging strategic thinking and collaboration.</p> <p>4. Encourage Vulnerability and Sharing: Students will embrace vulnerability by sharing their experiences with failure and learning how to reframe setbacks as opportunities for growth.</p>
SUCCESS CRITERIA	<p>1. Active Participation in Games and Discussions: Students will actively engage in the activities, demonstrating creativity, teamwork, and focus while reflecting on personal strengths and gratitude.</p> <p>2. Completion of Handshake Sequences and Reflection Tasks: Students will complete and accurately recall the handshake sequences and successfully reflect on their personal qualities and strengths in a meaningful way.</p> <p>3. Positive Attitude and Collaboration: Students will maintain a positive attitude throughout the activities, supporting their peers, participating enthusiastically, and contributing to a positive group atmosphere.</p>	<p>1. Accurate Execution of Rhythm Sequences and Exercises: Students will demonstrate accuracy and focus while following the rhythm sequences and completing exercises during the physical fitness challenges.</p> <p>2. Thoughtful Reflection on Failures and Growth: Students will actively reflect on their personal growth, share stories of failure, and articulate the lessons learned from these experiences.</p> <p>3. Positive Attitude and Engagement: Students will maintain a positive attitude during the group activities, supporting their peers and contributing to a collaborative and supportive atmosphere.</p>
ACTIVITIES	<p>Activity 1: Moving and Shaking Activity 2: Get Fanatical Activity 3: Full Deck Flip Activity 4: Gratitude Monopoly</p>	<p>Activity 1: Clapping, One, Two, Three Activity 2: PEGG Reflection Activity 3: Build Em Up Cards Activity 4: Vulnerability Wall of Failures</p>
VIC CURRICULUM	<p>Week nineteen curriculum mapping here</p>	<p>Week twenty curriculum mapping here</p>