

# Kindness Memory Match - Levels C and D

GRATITUDE

To reflect on personal acts of kindness and practise empathy while playing a memory match game. Students will recall, share, and listen to kindness-related experiences, promoting teamwork and awareness of the power of kindness.



## Learning Intentions

### Reflect on kindness:

Students aim to recall and share experiences of kindness in my life.



### Practise empathy:

Students aim to listen to and value others' experiences of kindness.

### Work together:

Students aim to collaborate with their peers to match kindness cards and celebrate positive actions.



## Success Criteria

I can answer kindness-related questions thoughtfully.



I can listen respectfully and celebrate others' stories.

I can match kindness cards and contribute to the group in a positive way.



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**Duration:** 15–20 minutes

## **Objective**

To reflect on personal acts of kindness and practise empathy while playing a memory match game. Students will recall, share, and listen to kindness-related experiences, promoting teamwork and awareness of the power of kindness.

## **Players**

- Best for 2–6 players (can also be played in small teams).

## **Materials**

- A deck of **20 kindness cards** (10 pairs of matching questions)(found in the PDF resource tab).
- Paper or cardboard for creating cards.
- Pencils or coloured pencils.
- Timer (optional).

## **Setup**

1. Write kindness-related questions on 20 cards (two of each)(or use cards supplied by us in the resources tab of the PDF).
2. Shuffle the cards and place them face down in a grid (e.g., 5x4).
3. Prepare a space where players can gather around to flip the cards.

## **Sample Questions:**

- What's the nicest thing someone has done for you?
- Who inspires you with their kindness?
- What act of kindness do you do regularly?
- When was the last time you helped someone in need?
- What small act of kindness makes a big difference?



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## Gameplay / Activity Steps

### Step 1: Start the Game

- Students take turns flipping over **two cards** with the aim to find two matching cards.
- If no match is found it is the next player's turn.

### Step 2: Matchmaking

- If both cards show the same question, the player gives a thoughtful response to the question on the card and they then keep the pair of cards for the scoring system.
- If the cards don't match, they are flipped back over, and the next player takes a turn.

### Step 3: Continue the Game

- Players take turns, trying to remember where the matching kindness questions are located.
- Encourage players to listen carefully and support each other with positive comments.

### Step 4: Reflection Sharing

- After all matches are found, discuss the answers shared.
- Ask: *What did you learn about kindness today?*

## Reflection Prompts

- “How did it feel to think about kindness in your life?”
- “What is one new way you can show kindness after hearing others’ answers?”
- “Why is kindness important in our class or community?”

## Winning the Game

- The player or team with the most pairs is the winner.
- True success is when everyone shares and reflects on kindness together.

## Variations

- Team Play:** Students work in pairs or teams, discussing answers before responding.
- Educational Edition:** After each match, pause for a short class discussion on the importance of the kindness example.
- Digital Edition:** Play virtually with digital cards (e.g., Google Slides).

## For Wheelchair Users / Accessibility

- Place cards on a table at a comfortable height.
- Use larger cards with visuals or symbols for easier access.
- Students can share kindness reflections verbally if writing is difficult.



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GRATITUDE

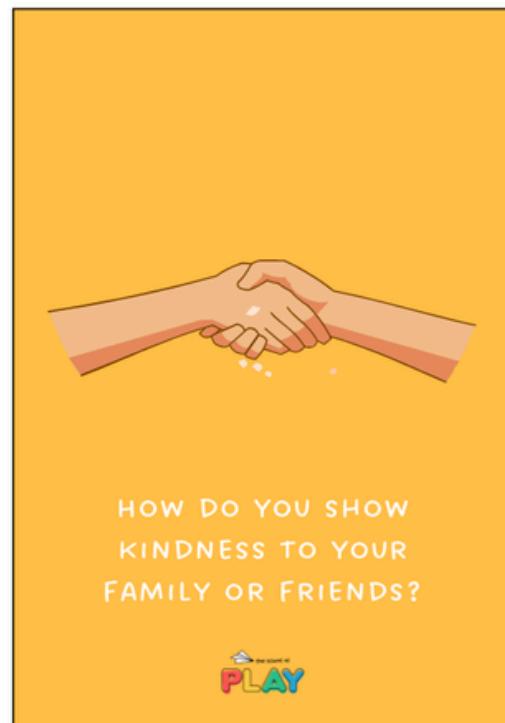
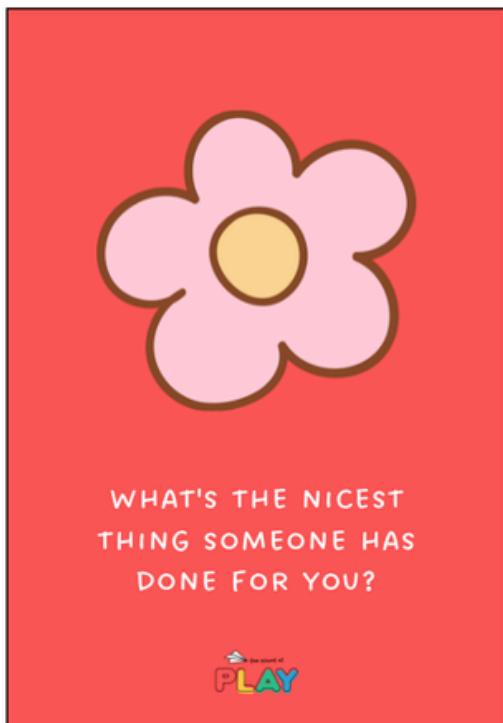
## Notes for Inclusion

- Accept answers in different forms: spoken, written, or drawn.
- Encourage peer support so all students feel included in sharing.
- Focus on celebrating effort and thoughtful contributions, not just the number of pairs won.

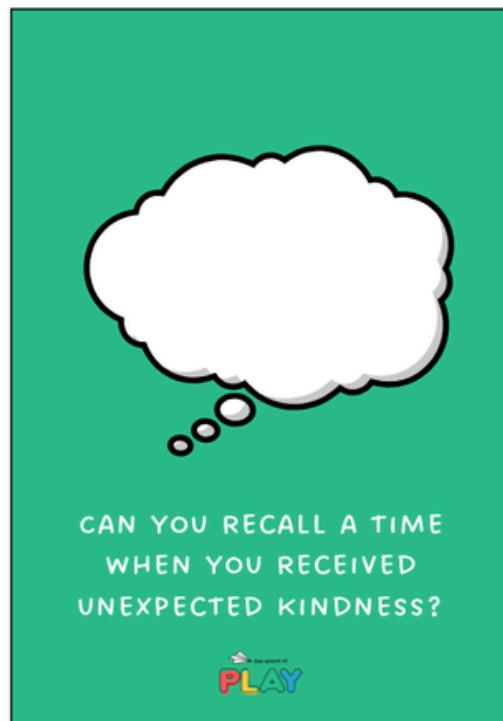
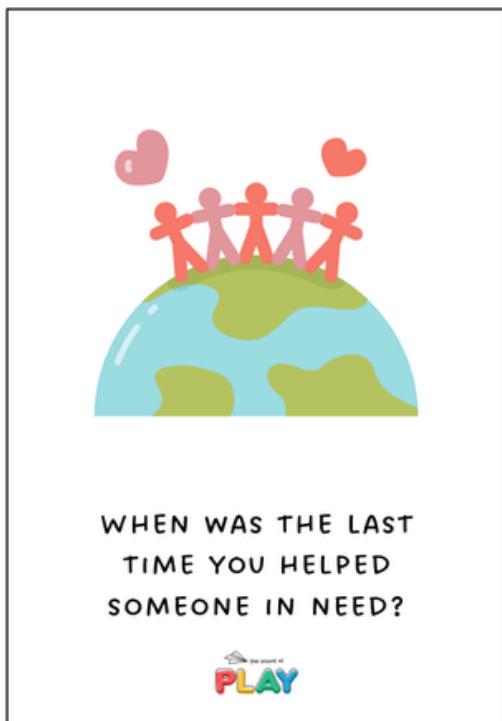
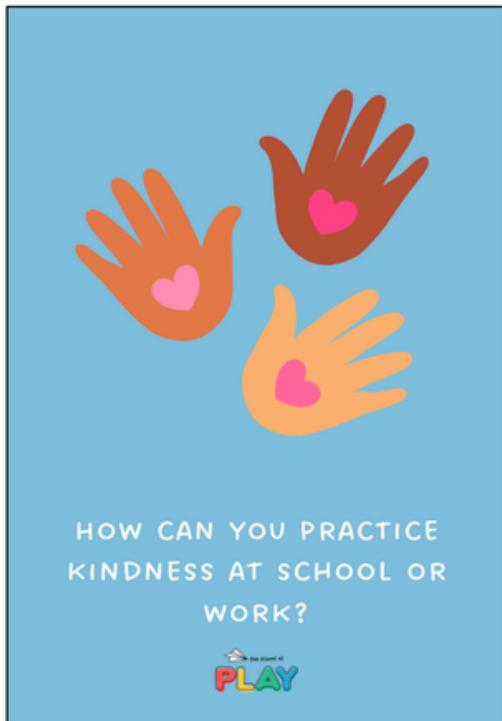


# KINDNESS CARDS

PRINT TWICE TO MATCH AND CUT OUT THE KINDNESS CARDS. SHUFFLE AND PLACE THEM FACE DOWN. STUDENTS TAKE TURNS FLIPPING TWO CARDS TO FIND A MATCH.



# KINDNESS CARDS



# KINDNESS CARDS



WHAT SMALL ACTS OF  
KINDNESS MAKE A BIG  
DIFFERENCE IN YOUR  
LIFE?



WHAT'S THE BEST WAY  
TO SPREAD KINDNESS IN  
YOUR COMMUNITY?

