

Kindness Memory Match - Levels C and D

GRATITUDE

To reflect on personal acts of kindness and practise empathy while playing a memory match game. Students will recall, share, and listen to kindness-related experiences, promoting teamwork and awareness of the power of kindness.



Learning Intentions

Reflect on kindness:

Students aim to recall and share experiences of kindness in my life.

Practise empathy:

Students aim to listen to and value others' experiences of kindness.

Work together:

Students aim to collaborate with their peers to match kindness cards and celebrate positive actions.



Success Criteria

I can answer kindness-related questions thoughtfully.



I can listen respectfully and celebrate others' stories.

I can match kindness cards and contribute to the group in a positive way.



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Duration: 15–20 minutes

Objective

To reflect on personal acts of kindness and practise empathy while playing a memory match game. Students will recall, share, and listen to kindness-related experiences, promoting teamwork and awareness of the power of kindness.

Players

- Best for 2–6 players (can also be played in small teams).

Materials

- A deck of **20 kindness cards** (10 pairs of matching questions)(found in the PDF resource tab).
- Paper or cardboard for creating cards.
- Pencils or coloured pencils.
- Timer (optional).

Setup

1. Write kindness-related questions on 20 cards (two of each)(or use cards supplied by us in the resources tab of the PDF).
2. Shuffle the cards and place them face down in a grid (e.g., 5x4).
3. Prepare a space where players can gather around to flip the cards.

Sample Questions:

- What's the nicest thing someone has done for you?
- Who inspires you with their kindness?
- What act of kindness do you do regularly?
- When was the last time you helped someone in need?
- What small act of kindness makes a big difference?



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Gameplay / Activity Steps

Step 1: Start the Game

- Students take turns flipping over **two cards** with the aim to find two matching cards.
- If no match is found it is the next player's turn.

Step 2: Matchmaking

- If both cards show the same question, the player gives a thoughtful response to the question on the card and they then keep the pair of cards for the scoring system.
- If the cards don't match, they are flipped back over, and the next player takes a turn.

Step 3: Continue the Game

- Players take turns, trying to remember where the matching kindness questions are located.
- Encourage players to listen carefully and support each other with positive comments.

Step 4: Reflection Sharing

- After all matches are found, discuss the answers shared.
- Ask: *What did you learn about kindness today?*

Reflection Prompts

- "How did it feel to think about kindness in your life?"
- "What is one new way you can show kindness after hearing others' answers?"
- "Why is kindness important in our class or community?"

Winning the Game

- The player or team with the most pairs is the winner.
- True success is when everyone shares and reflects on kindness together.

Variations

- **Team Play:** Students work in pairs or teams, discussing answers before responding.
- **Educational Edition:** After each match, pause for a short class discussion on the importance of the kindness example.
- **Digital Edition:** Play virtually with digital cards (e.g., Google Slides).

For Wheelchair Users / Accessibility

- Place cards on a table at a comfortable height.
- Use larger cards with visuals or symbols for easier access.
- Students can share kindness reflections verbally if writing is difficult.



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Notes for Inclusion

- Accept answers in different forms: spoken, written, or drawn.
- Encourage peer support so all students feel included in sharing.
- Focus on celebrating effort and thoughtful contributions, not just the number of pairs won.

KINDNESS CARDS

PRINT TWICE TO MATCH AND CUT OUT THE KINDNESS CARDS. SHUFFLE AND PLACE THEM FACE DOWN. STUDENTS TAKE TURNS FLIPPING TWO CARDS TO FIND A MATCH.



WHAT'S THE NICEST
THING SOMEONE HAS
DONE FOR YOU?



WHAT ACT OF KINDNESS
DO YOU DO REGULARLY?



WHAT MAKES YOU FEEL
HAPPY WHEN SOMEONE
DOES IT FOR YOU?



HOW DO YOU SHOW
KINDNESS TO YOUR
FAMILY OR FRIENDS?



KINDNESS CARDS



HOW CAN YOU PRACTICE
KINDNESS AT SCHOOL OR
WORK?



WHO IN YOUR LIFE
INSPIRES YOU WITH
THEIR KINDNESS?



WHEN WAS THE LAST
TIME YOU HELPED
SOMEONE IN NEED?



CAN YOU RECALL A TIME
WHEN YOU RECEIVED
UNEXPECTED KINDNESS?



KINDNESS CARDS



WHAT SMALL ACTS OF
KINDNESS MAKE A BIG
DIFFERENCE IN YOUR
LIFE?



WHAT'S THE BEST WAY
TO SPREAD KINDNESS IN
YOUR COMMUNITY?

