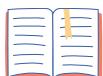


Kindness Garden - Levels F-3

To support students in recognising and celebrating acts of kindness by creating a colourful classroom display. Students will draw individual flowers, each symbolising a kind action they can do at home or at school, showing how kindness helps our classroom and our planet Earth grow stronger together.



Learning Intentions

Students will practise using drawing and creativity to show different ways they can be kind. This helps them express positive behaviours through art and imagination.

Students will learn that small acts of kindness can help the world grow. This encourages them to make connections between kindness and caring for our planet Earth.

Students will practise sharing their ideas with others and learn from their classmates' kind thoughts. This promotes respectful listening and helps build a classroom culture of kindness.



Success Criteria

I can draw a flower and show a kind act inside it.

This ensures students practise fine motor skills while thinking about kind actions.

I can explain what my flower represents and why it is important.

This encourages students to reflect on kindness in everyday life.

I can add my flower to our classroom kindness garden.

This helps students feel proud of their contribution to a shared class display.



Kindness Garden – Levels F-3

CREATIVE

Objective:

To support students in recognising and celebrating acts of kindness by creating a colourful classroom display. Students will draw individual flowers, each symbolising a kind action they can do at home or at school, showing how kindness helps our classroom and our planet Earth grow stronger together.

Players:

Ideal for groups of 4–26 students working individually and then sharing as a group.

Materials:

- Paper or pre-cut flower templates (We have designed a template for you to use in the resource PDF section)
- Coloured pencils
- Scissors (optional, if cutting out flowers)
- Large poster or board space titled “Our Kindness Garden”

Time Required:

10 –15 minutes

Setup:

Give each student a blank sheet of paper or a flower template. Prepare a display space titled “Our Kindness Garden” on a classroom wall or board. Briefly introduce the idea that just like flowers help Earth feel beautiful and alive, kind actions help people and the planet feel happy and cared for.

Remind students that Earth is the Playful Astronauts first stop, where they learn the importance of kindness towards people, animals, and the environment.

Gameplay:

Explain the Activity:

Invite students to think of one kind act they can do at home or at school. This could include:

- “Helping to tidy up the classroom.”
- “Feeding my pet.”
- “Being kind to a friend who is sad.”

Ask them to draw or write their act of kindness in the centre of the flower, students then use colours to colour in the petals surrounding their drawing.



Kindness Garden – Levels F-3

CREATIVE

Add to the Garden:

Once completed, students can cut out their flowers (with help if needed) and add them to the Kindness Garden wall. As each student adds their flower, they can explain their kind act to the group or a partner.

Continue until all flowers are displayed, creating a vibrant, shared piece of art.

Encourage Reflection and Connection:

After all flowers are added, gather students and admire the full garden. Ask:

- “How do all these kind actions help our classroom or the planet?”
- “What kind idea did you like that someone else shared?”

Use this as an opportunity to reinforce that kindness, like nature, makes the world better for everyone.

Winning the Game:

There are no winners in this activity. Every student's flower is a valuable contribution to the garden, and the goal is to reflect on kindness and celebrate the ways it can grow and spread.

Variations:

Younger Students: Provide pre-drawn flower templates and have students colour and draw simple pictures rather than writing words.

Team Garden Edition: Students work in small groups to create one large “kindness plant,” with each petal representing a group member’s act of kindness.

Seasonal Edition: Revisit the garden each term or season, adding new flowers to represent ongoing acts of kindness across the year.

Environmental Edition: Extend the theme by linking kindness to caring for Earth, encourage acts like picking up rubbish, saving water, or planting real flowers.

For Wheelchair Users / Accessibility:

- Ensure the display wall is at a reachable height for all students to add their flowers.
- Provide clipboards or lap desks for drawing and colouring comfortably.
- Allow students to share their ideas verbally while a peer or teacher assists with drawing or colouring.
- Offer digital drawing options (e.g., tablets) for those who prefer or need assistive technology.
- If cutting is difficult, use pre-cut flowers or have helpers trim the shapes while the student focuses on creative decoration.



Kindness Garden – Levels F-3

Notes for Inclusion:

- Model the activity by drawing your own flower and sharing a personal kindness example (e.g., “My flower shows me helping my neighbour carry groceries”).
- Celebrate each student’s contribution equally, highlight that every act of kindness, big or small, helps our garden and community grow.
- Encourage quiet or non-verbal students to participate by allowing gestures, drawings, or partnered sharing instead of speaking in front of the group.
- Reinforce the key message: *Kindness helps our classroom bloom, every flower and every person matters in our garden.*

Additional Notes:

“Kindness Garden” is a creative and visual way for students to reflect on kind behaviours and build pride in their actions. Linking the activity to Earth encourages them to think about kindness in relation to the world around them. It is a perfect follow-up to *Kindness Catch*, reinforcing the theme of Week One through thoughtful art and shared celebration.



FLOWER TEMPLATE

