

Gratitude Charades - Levels C and D

GRATITUDE

To encourage students to reflect on gratitude while building creativity, teamwork, and communication through a fun and interactive charades game.



Learning Intentions

Gratitude Reflection:

Students aim to think about things they are grateful for in their lives.

Non-Verbal Communication:

Students aim to act out gratitude prompts using body language and gestures.

Teamwork and Playfulness:

Students aim to work with their group to guess and celebrate each other's efforts.



Success Criteria

I can act out a gratitude idea without using words.



Non-Verbal Communication: Students aim to act out gratitude prompts using body language and gestures.

Teamwork and Playfulness: Students aim to work with their group to guess and celebrate each other's efforts.



Gratitude Charades - Levels C and D

GRATITUDE

Duration: 10–15 minutes

Objective

To encourage students to reflect on gratitude while building creativity, teamwork, and communication through a fun and interactive charades game.

Players

Small groups or teams (4–8 per team works well).

Materials

- Slips of paper with gratitude prompts
- A hat, jar, or bowl to hold prompts
- Space for students to act out charades

Setup

- As a class brainstorm a list of gratitude prompts.
- Write gratitude prompts on slips of paper (e.g., “helping a friend,” “playing with family,” “receiving a gift,” “sharing lunch,” “saying thank you”).
- Place the slips into a hat or bowl.
- Split students into two or more teams.

Gameplay / Activity Steps

1. **Choose a Player**
 - One student from a team draws a prompt from the bowl.
2. **Act It Out**
 - Without speaking, the student acts out the gratitude prompt using body language, gestures, and expressions.
 - Example: If the prompt is *helping a friend*, the student might pretend to lift something heavy with someone.
3. **Guessing**
 - The team has 30–60 seconds to guess what the prompt is.
 - If they guess correctly, they earn one point.
4. **Swap Teams**
 - The next team takes their turn with a new player acting.
5. **Continue the Game**
 - Rotate through teams so every student gets a chance to act out and guess.



Gratitude Charades – Levels C and D

GRATITUDE

Reflection Prompts

- How did it feel to act out something you were grateful for?
- What did you notice about how your team worked together?
- Why is it important to share gratitude in different ways?

Winning the Game

- **Option One:** The team with the most correct guesses wins.
- **Option Two:** Remove scoring and focus on playing for fun and connection, with everyone being successful for participating.

Variations

- **School Edition:** Use prompts that connect to school life (e.g., “a teacher helping you,” “sharing stationery,” “playing at recess”).
- **Family Edition:** Adapt prompts to include family-based gratitude moments (e.g., “family dinner,” “a hug from mum or dad”).

For Wheelchair Users / Accessibility

- Provide prompts that can be acted out using facial expressions or hand gestures only.
- Allow students to describe or draw their gratitude idea if movement is difficult.
- Ensure all acting space is safe, clear, and accessible.

Notes for Inclusion

- Celebrate effort over performance, every attempt should be met with encouragement.
- Offer sentence starters or visual symbols to support students who may find gratitude reflection challenging.
- Remind the group that there are many different ways to show gratitude, and all are valuable.

