

Copy Cat Moves - Levels F-3

PLAY

To help students develop focus, coordination, and social interaction by copying and sharing simple movements in a playful group setting.



Learning Intentions

To copy simple movements made by a friend or teacher.



To take turns being a leader and a follower.

To join in group play and have fun with others.



Success Criteria

I can watch carefully and copy at least one movement.



I can have a turn being the leader (with help if I need it).

I can play together and enjoy the game with my friends.



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Duration: 5 minutes

Objective

To help students develop focus, coordination, and social interaction by copying and sharing simple movements in a playful group setting.

Materials

- None required
- Optional: Picture cards showing simple moves (clap, stomp, wave, jump) (found in PDF resource tab).

Setup

- Students stand or sit in a circle.
- The teacher explains: "We are going to be copy cats. Watch carefully and do what your friend does."

Instructions

Step 1: Teacher Leads First

- The teacher demonstrates a simple movement (e.g., clap hands, wave, stomp feet).
- Students copy together.

Step 2: Students Lead

- One student is chosen to be the leader.
- The leader performs a simple move.
- The group copies the move together.

Step 3: Rotate Leaders

- Keep taking turns so everyone gets a chance to lead (with teacher support if needed).
- After each turn, cheer and encourage the leader.

Step 4: Add More Fun

- The teacher may add a second movement (e.g., clap + stomp) to build a short sequence.
- Students try to copy both moves in order.



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Reflection Prompts

- What was your favourite move?
- Did you like being the leader or the copy cat?
- How did it feel when your friends copied your move?

For Wheelchair Users / Accessibility

- Students can choose upper body actions (wave, clap, roll hands, tap head).
- The teacher can model seated actions for everyone to copy.
- Ensure enough space for safe and comfortable movement.

Notes for Inclusion

- Use visual cards or gesture prompts for students who need extra support.
- Students may point to a card, and the teacher performs the action for the group to copy.
- Encourage peers to celebrate all attempts, whether the move is big or small.



MOVEMENT CARDS

PRINT AND CUT OUT THE MOVEMENT CARDS. SHOW ONE CARD AT A TIME AND MODEL THE ACTION. STUDENTS COPY THE MOVEMENT TOGETHER, THEN TAKE TURNS LEADING WITH A CARD OF THEIR CHOICE.



MOVEMENT CARDS



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